

BESFI 2014

LONG ISLAND'S Master Summer Workshop July 14 to August 22

Dancer
Alexandra
Palma

VALIA SEISKAYA Artistic Director

Faculty (dates in residence 2014)

- ❖ VASO KIKNA (Jul 14-Aug 22)
- ❖ EILEEN HOUGHTON (Jul 14-25)
- ❖ ANN MARIE DEANGELO (Jul 14-18)
- ❖ MARY CARPENTER (Jul 21-25)
- ❖ SANDRA BALESTRACCI (Jul 28-Aug 1)
- ❖ ALEXANDRA BERGMAN (Jul 28-Aug 1)
- ❖ MARIANNA TCHERKASSKY (Aug 4-8)
- ❖ ELIZABETH MCGRATH (Aug 4-8)
- ❖ ELEANOR D'ANTUONO (Aug 11-22)
- ❖ AMY RUGGIERO (Aug 11-15)
- ❖ RHODIE JORGENSON (Aug 18-22)

**Classical Ballet Technique, Pointe, Turns, Beats, Pilates,
Port de Bras, Variations, Theatrical Dance and Contemporary**

*Daily transportation to and from the LIRR
St. James Station is provided free. Housing for out-of-area students is available.*

2014 Workshop Fee Schedule	Advanced Program	Advanced Intermediate	Intermediate 2CI/3CI Prgm
Reservation Deposit <i>(Applicable toward tuition)</i>	\$275	\$275	\$175/\$275
Six Weeks	\$1,950	\$1,675	\$860/\$1,270
Five Weeks	\$1,645	\$1,425	\$740/\$1,085
Four Weeks	\$1,340	\$1,175	\$615/\$900
Three Weeks	\$1,035	\$920	\$490/\$715
Two Weeks	\$730	\$645	\$360/\$520
One Week	\$420	\$365	\$203/\$295
Daily	\$ 90	\$ 78	\$43/\$62
Single Class	\$ 32	\$ 29	\$ 24

The BESFI Summer Workshop is designed to provide professional training for serious students of ballet. The Ballet Education and Scholarship Fund, Inc. is a not-for-profit organization, one of whose purposes is to provide the highest quality training at an affordable price which now includes, for the Advanced and Adv./Inter. programs, an optional evening class Monday-Thursday 7:00-8:30PM.

As you can see from the staff credentials listed below, we have assembled another outstanding faculty. The same care is taken in the selection of students. Again this season a special effort is being made to attract male dancers in order to take full advantage of the teaching staff and pas de deux classes. Three dedicated male tuition scholarships have been set aside to fulfill our goal.

Over the past thirty plus years, the BESFI summer program has stressed a full range of classwork. Although varying slightly year-to-year, courses offered include classical technique with specialized classes in variations, pointe, beats and turns, character ballet, pas de deux, port de bras, contemporary/modern dance and theatrical dance. Detailed scholarship information on competitive scholarships appears on the inside back cover of this brochure. For further information call: (631) 584-0192.

The workshop will be held from July 14 through August 22 at the Seiskaya studios located at 7 Flowerfield, Suite 16, St. James, Long Island, New York 11780, (631) 862-6925. Class size is limited. Both large, air-conditioned studios feature resilient composite flooring, mirrors and dressing rooms with showers. Daily transportation to and from the St. James railroad station, which is on the L.I.R.R. Port Jefferson Line, will be provided on request at no cost.

Under the artistic direction of Mme. Valia Seiskaya, the BESFI Summer Program has attracted a prominent staff of instructors. Each staff member brings a broad range of dance experience and expertise. Although generally favoring the Vaganova teaching method, the staff will offer a varied approach, as indicated by their backgrounds.

VALIA SEISKAYA
Artistic Director

Mme. Seiskaya was with the Greek National Opera for seventeen years and, as a featured soloist, toured Europe and Russia. In 1974, she established the Seiskaya Ballet School and, in 1981, the Seiskaya Ballet Academy, which has national recognition as an outstanding professional preparatory program. Seiskaya-coached dancers have captured numerous regional and national titles, including a Presidential Scholar in the Arts citation. Students have competed with notable merit in ten international ballet competitions, placing as semi-finalists and finalists and capturing three gold medals and a bronze. Over sixty-five students have opted for professional careers in major companies, such as American Ballet Theatre (5), Royal Swedish Ballet, Boston Ballet (2), Pittsburgh Ballet, Pacific Northwest Ballet, Ballet West, Atlanta Ballet (2), Fort Worth Ballet, Tulsa Ballet, Eliot Feld Ballet, Hartford Ballet (2), Milwaukee Ballet (3), Washington Ballet, State Ballet of Missouri, Ballet Memphis, Louisville Ballet (2), Ballet Austin, Momix (2), Tennessee Ballet, Alabama Ballet (2) and New Jersey Ballet.

SUMMER PROGRAM STAFF
VASO KIKNA (July 14-August 22)

Born in Poland of Greek lineage, Ms. Kikna studied at the Academy Poznan. She joined the Polish State Opera Brotslaf, and in 1983, continued her career with the Greek National Opera in Athens as both a performer and assistant choreographer. She has staged several works at the new Grand Concert Hall Athenon in Athens. A classicist, she has staged Le Corsaire, Nutcracker, La Sylphide, Napoli, Flower Festival, Pas de Quatre, Don Quixote and Coppellia for which she was recognized by the Bureau of Humanities of Greece.

EILEEN HOUGHTON (July 14-25)

A Seiskaya alum, Eileen won numerous awards, among them the coveted 1st prize at the National Society of Arts and Letters New York Chapter Ballet Competition. After attending ABT's Summer Program, she joined the School of American Ballet on full scholarship in 1982 and was invited to join American Ballet Theatre in 1985 by then director Mikhail Baryshnikov. Trained in ABT's extensive repertoire and touring internationally, she won numerous plaudits for her versatility, poise and technical merit. She is a certified ABT instructor for primary through Level 7.

ANN MARIE DEANGELO (July 14-18)

A multiple career artist, Ms. DeAngelo's tenure with the Joffrey Ballet spanned ten years where she was a principal ballerina later becoming the company's Associate Director. She was founding Artistic Director, in 1990, of Ballet de Monterrey, and her own experimental company which toured extensively in Europe. She has created more than 40 ballets, 50 works in total, and has been the director of nine major galas. Teaching at several universities, summer dance camps and schools, she is equally at home in numerous dance genres.

MARY CARPENTER (Jul 21- 25)

Mary is on faculty at Barnard College, The New School University, and Steps on Broadway. She trained at the Cincinnati Ballet School, Butler University, and David Howard Dance Center on scholarship. Mary is a much sought after pointe shoe expert for Chacott by Freed of London in NYC, and has over twenty years of experience working with principal dancers at ABT, The Royal Ballet, and NYCB to name a few. Ms. Carpenter has directed nine ballet classroom CDs and three instructional DVDs. In addition to ballet, she is also a Pilates mat instructor.

SANDRA BALESTRACCI (July 28- August 1)

Ms. Balestracci is co-founder/Artistic Director of the Eastern Virginia School of the Performing Arts. A former ballerina, she was trained at the School of American Ballet and went on to have an illustrious career both as a classical and contemporary dancer. A sought after Master Teacher, she was recognized for 25 Years of Artistic Excellence by the New York City Opera and earned the Outstanding Teacher award at the 2002, 2005 and 2008 YAGP. Many of her former students have gone on to professional careers.

ALEXANDRA BERGMAN (July 28- August 1)

A Seiskaya alum, Swedish born Alexandra began her career at Tulsa Ballet as an apprentice and retired a principal dancer in 2013. Her extensive repertoire includes principal roles in the Rite of Spring, Val Caniparoli's Lambarena, Ma Cong's Carmina Burana, The Great Gatsby, La Sylphide, Theme and Variations, Push Comes to Shove

2014

July 14-18

July 21-25

Jul 28-Aug 1

Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced
11:00 AM	1	Houghton	DeAngelo	Kikna	DeAngelo	Houghton	Carpenter	Houghton	Kikna	Houghton	Carpenter	Bergman	Balestracci	Kikna	Balestracci	Bergman
11:15 AM	CL	Pointe	Beats	Pointe	Beats	Pointe	Pointe	Contemporary	Turns	Pt. Shoe Fitting	Pointe	Repertoire	Pointe	Variations	Contemp Rep	Pointe
12:15 PM	2	Kikna	Houghton	DeAngelo	Houghton	DeAngelo	Kikna	Carpenter	Houghton	Carpenter	Houghton	Balestracci	Bergman	Balestracci	Bergman	Balestracci
1:35 PM	CL	Variations	Turns	Contemporary	Variations	Variations	Pilates	Variations	Variations	Variations	Repertoire	Contemp Rep	Turns	Jumps	Beats	Variations
2:35 PM	4	Houghton	DeAngelo	DeAngelo	DeAngelo	Houghton	Carpenter	Houghton	Carpenter	Houghton	Carpenter	Bergman	Balestracci	Bergman	Balestracci	Bergman

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM	1	DeAngelo	Houghton	DeAngelo	Houghton	DeAngelo	Houghton	Carpenter	Houghton	Carpenter	Houghton	Balestracci	Bergman	Balestracci	Bergman	Kikna
11:15 AM	CL	Turns	Variations	Pointe	Variations	Turns	Contemporary	Variations	Variations	Variations	Turns	Variations	Turns	Port de Bras	Variations	Turns
12:15 PM	2	Houghton	Kikna	Houghton	DeAngelo	Kikna	Carpenter	Kikna	Carpenter	Houghton	Kikna	Kikna	Kikna	Bergman	Balestracci	Bergman
1:35 PM	CL	Variations	Turns	Port de Bras	Beats	Contemporary	Variations	Pilates	Pointe	Pt. Shoe Fitting	Variations	Beats	Variations	Variations	Jumps	Beats
2:35 PM	4	DeAngelo	Houghton	Houghton	Houghton	DeAngelo	Houghton	Carpenter	Kikna	Carpenter	Houghton	Balestracci	Bergman	Balestracci	Bergman	Balestracci

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM	CL	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
1:25 PM	3	Kikna	DeAngelo	Kikna	Kikna	Houghton	Kikna	Houghton	Carpenter	Kikna	Carpenter	Bergman	Balestracci	Bergman	Kikna	Balestracci
2:45 PM	CL	Repertoire	Port de Bras	Turns	Beats	Repertoire	Repertoire	Turns	Repertoire	Beats	Repertoire	Turns	Port de Bras	Repertoire	Theatrical Dance	Repertoire
3:45 PM	5	DeAngelo	Kikna	Houghton	Kikna	Kikna	Houghton	Kikna	Houghton	Kikna	Kikna	Kikna	Kikna	Kikna	Kikna	Kikna

August 4-8

August 11-15

August 18-22

Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced
11:00 AM	1	McGrath	Tcherkassky	Tcherkassky	Tcherkassky	McGrath	D'Antuono	Ruggiero	Kikna	Ruggiero	D'Antuono	D'Antuono	Jorgenson	Kikna	Jorgenson	D'Antuono
11:15 AM	CL	Pointe	Pointe	Beats	Turns	Beats	Variations	Variations	Turns	Variations	Pointe	Variations	Variations	Pointe	Variations	Variations
12:15 PM	2	Tcherkassky	McGrath	McGrath	McGrath	Tcherkassky	Ruggiero	D'Antuono	Ruggiero	D'Antuono	Ruggiero	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Kikna
1:35 PM	CL	Variations	Turns	Pointe	Variations	Variations	Beats	Contemporary	Port de Bras	Contemporary	Turns	Turns	Port de Bras	Beats	Beats	Turns
2:35 PM	4	McGrath	Tcherkassky	Kikna	Tcherkassky	McGrath	D'Antuono	Ruggiero	D'Antuono	Ruggiero	D'Antuono	D'Antuono	Jorgenson	D'Antuono	Jorgenson	D'Antuono

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM	1	Tcherkassky	McGrath	McGrath	McGrath	Tcherkassky	Ruggiero	D'Antuono	Ruggiero	D'Antuono	Ruggiero	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Jorgenson
11:15 AM	CL	Turns	Beats	Pointe	Turns	Repertoire	Port de Bras	Variations	Variations	Repertoire	Variations	Variations	Port de Bras	Variations	Pointe	Variations
12:15 PM	2	McGrath	Kikna	Tcherkassky	Tcherkassky	Kikna	Kikna	Kikna	D'Antuono	Kikna	D'Antuono	Kikna	Kikna	D'Antuono	Kikna	D'Antuono
1:35 PM	CL	Variations	Port de Bras	Beats	Variations	Turns	Theatrical Dance	Turns	Contemporary	Variations	Port de Bras	Beats	Turns	Beats	Port de Bras	Turns
2:35 PM	4	Tcherkassky	Kikna	McGrath	McGrath	Tcherkassky	Ruggiero	D'Antuono	Ruggiero	D'Antuono	Kikna	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Jorgenson

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM	CL	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
1:25 PM	3	Kikna	Tcherkassky	Tcherkassky	Kikna	McGrath	D'Antuono	Ruggiero	Kikna	Kikna	Ruggiero	D'Antuono	Jorgenson	Kikna	Kikna	Jorgenson
2:45 PM	CL	Turns	Port de Bras	Repertoire	Port de Bras	Beats	Repertoire	Port de Bras	Turns	Beats	Repertoire	Repertoire	Beats	Repertoire	Turns	Port de Bras
3:45 PM	5	Kikna	McGrath	Kikna	Kikna	Kikna	Kikna	Kikna	D'Antuono	Ruggiero	Kikna	Kikna	Kikna	D'Antuono	Jorgenson	Kikna

All Advanced Classes are held in Studio A | All Advanced/Inter. Classes are held in Studio B | All Intermediate Classes are held in Studio B | Class assignments & instructors are subject to change at the sole discretion of management. | All Adv. Inter. students must have 1 1/2 yrs of pointe work. | Tuition for the Advanced & Adv./Inter. programs now includes evening class Monday-Thursday 7PM-8:30PM, Studio A. (Seiskaya pedagogical method)

SUMMER PROGRAM STAFF (Con't BERGMAN)

and Carmen. In addition, several roles were created specifically for her. Alexandra has staged works for Ballet Des Moines, at Kansas City Dance Festival and for Tulsa Ballet. She is on faculty with Tulsa Ballet and continues to teach master classes across the U.S.

MARIANNA TCHERKASSKY (Aug 4-8)

Marianna Tcherkassky began her training under the tutelage of her mother, Lillian Oka Tcherkassky. Her studies continued at Washington School of Ballet and then SAB. She joined ABT in 1970 and was elevated to principal in 1976. Hailed as one of the world's leading ballerinas, reviewer Anna Kisselgoff of the NY Times described her as "one of the greatest Giselles that American ballet produced." Retiring in 1996, she received an Honorary Doctorate of Performing Arts from the University of Cincinnati in 1999 and is currently Ballet Mistress of the Pittsburgh Ballet.

ELIZABETH MCGRATH (Aug 4-8)

Joining Seiskaya Ballet Academy at age 6, Elizabeth earned six BESFI Summer Intensive scholarships. She garnered double gold at the inaugural Youth American Grand Prix sweeping both classical and contemporary medals. A finalist in the 8th Concours International de Danse de Paris at 15, she was a semi-finalist at the 13th IBC at Varna, Bulgaria. She joined Ballet West in 2001 rising to the rank of 1st Soloist. Her extensive repertoire includes principal roles in Swan Lake, Serenade, Sleeping Beauty, Cinderella, Don Quixote and Concerto Barocco.

ELEANOR D'ANTUONO (August 11-22)

Regarded by many as America's most versatile ballerina, Ms. D'Antuono had a brilliant performing career, highlighted by her many years as a principal ballerina at American Ballet Theatre (ABT). In 1979, she toured the U.S.S.R. and became the first American ballerina to appear as a guest artist with Soviet companies. In 1980, she again achieved this unique distinction with Chinese companies. Ms. D'Antuono has been Director of the New York City International Ballet Competition since 1997. A Master Teacher, she is in demand with both dance companies and summer programs.

AMY RUGGIERO (August 11-15)

Amy Ruggiero trained under Mme. Valia Seiskaya and graduated from Goucher College, BA in Dance with Biological Sciences, Degree with Distinction, Honors in Dance. She has danced with Ballet Austin, American Repertory Ballet, and The Radio City Christmas Spectacular in NYC. She has performed on both the 1st National Broadway and Japan Tours of Twyla Tharp's Come Fly Away, acting as Dance Captain and Female Principal/Ensemble Swing. A faculty member at Princeton Ballet School and Lackawanna PAC, she also teaches master classes in ballet, musical theatre repertoire and dance anatomy.

RHODIE JORGENSON (August 18-22)

Rhodie Jorgenson received her training at NYCB's School of American Ballet (SAB) and at the American Ballet Theatre School and danced professionally with ABT. A noted coach, she prepared several successful candidates for the International Ballet Competitions in Varna, Bulgaria and Jackson, MS 1998 – 2002. For the fourth time, she will be one of the Master Teachers at the International School for the USA – IBC this June. Currently, she is the Children's Ballet Mistress in Washington D.C. for the Joffrey Ballet of Chicago and teaches at the Maryland Youth Ballet.

SUMMER WORKSHOP INFORMATION

ELIGIBILITY: Ballet students must be at least at the intermediate technique level. Students must either audition in-person, have the strong recommendation of their current teacher or provide a recent videotape of a classical variation being performed en pointe, as applicable. A placement audition by the director is required of all students who were accepted by other than an in-person audition.

CLASS SECTIONS: There are three basic levels offered: Advanced, Advanced/Intermediate and Intermediate. The Intermediate Level is available in two formats. For those students en pointe and strong enough to take three classes daily, class period 2 from the Advanced Intermediate schedule is added to the two Intermediate classes (periods 3 & 5) on the Intermediate schedule. The appropriate tuition for each program is on the cover of this brochure.

RESERVATION DEPOSIT: In order to assure a place in the workshop, a NON-REFUNDABLE two hundred & seventy-five (\$275) dollar reservation fee must be deposited with BESFI. The deposit is fully applicable towards tuition and must be received **NOT LATER THAN June 1, 2014** for qualified students competing for a scholarship and June 15, 2014 for all others. For students accepted and registering for the workshop after June 15th, the total tuition is due in advance upon registration. For students with a reservation deposit, total tuition is due on the first day of class unless other arrangements have been made in advance. A complete listing of all tuition fees is on the front panel of this brochure. **ALL FEES ARE NON-REFUNDABLE AND ARE DUE AS NOTED.**

SCHOLARSHIPS: A limited number of merit scholarships are available to Suffolk County residents who are committing to a minimum of four weeks. Scholarships are awarded through an open competition adjudicated by a select panel of Ballet Masters. Requirements for applicants: AGE - must have reached their 10th, but not their 19th birthday, by December 31, 2014. RESIDENCY - must be a Suffolk County resident during the full preceding year. FINANCIAL COMMITMENT - must be enrolled for a minimum of four weeks. FEES - reservation deposit must be received by the scholarship competition date. The competition will be held on June 1, 2014 at the Seiskaya Studios with ages 10-13 at 1:00PM and 14 & up at 2:15PM. Dancers should arrive 1/2 hour early. For information: BESFI Info, P.O. Box 2146, St. James, NY 11780, or e-mail info@besfi.com. Remember: **THE RESERVATION DEPOSIT MUST BE RECEIVED BEFORE A STUDENT MAY COMPETE FOR A SCHOLARSHIP.** Results will be posted and winners' names released to the press.

ATTIRE: Fully-functional dance clothing in good repair. All female dancers en pointe must have at least three pairs of pointe shoes in new or serviceable condition. Advanced students attending for more than four weeks - four pairs of pointe shoes.

TRANSPORTATION AND HOUSING: The town of St. James is located on Long Island, approximately fifty miles east of midtown Manhattan. Rail transportation is via the Long Island Railroad, North Shore Line, which terminates in Port Jefferson. St. James is the appropriate stop on the Port Jefferson Line. The studio is a five-minute drive from the train station, and a car will be available for shuttling students. Accommodations can be arranged with either a host family or similar facility. The fee is \$275.00 per week, with most meals included. Contact BESFI for further details on housing availability and meals.

Dancer: Danielle Lovetro

DIRECTIONS: From Manhattan, take the Midtown Tunnel to the Long Island Expressway to Exit 56, Smithtown-Route 111. Turn left at the bottom of the ramp to head north on Route 111. Proceed north/northeast on Route 111 for seven miles, intersecting three main east-west routes: 454, 347 and 25, in that order. North of the Route 111-Route 25 intersection, Route 111 terminates and becomes Route 25A East. No turns are involved. At the end of the seven miles you will be in the hamlet of Head of the Harbor/St. James, and you will see Mills Pond Road on your right-hand side. There is in fact a pond on the right corner. Turn right, and proceed to the second gated entrance which is the main entrance of the Flowerfield Park/Gyrodyne complex. Turn left into the complex; building No. 7 is the first large building on your right. Utilize the burgundy canopied building entrance marked 7 North/7N.

ALTERNATE APPROACHES: Take the Triborough Bridge to the Grand Central Parkway, then go east on the Long Island Expressway to Exit 56 and follow the directions above. From Brooklyn, south New Jersey, or Long Island's south shore, take the Belt Parkway to the Southern State Parkway, then the Sagtikos Parkway north to the L.I.E., and follow the above. From upstate New York and Connecticut, take the Throgs Neck Bridge to either the Cross Island Parkway south or the Clearview Expressway to the L.I.E., and follow the directions above. For those taking the Bridgeport-Port Jefferson Ferry, proceed west on Route 25A from the ferry terminal for approximately seven miles until you see Mills Pond Road on your left.

THE BALLET EDUCATION AND SCHOLARSHIP FUND, INC.

P. O. Box 2146

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