

BESFI 2009

**LONG ISLAND'S
Master Summer Workshop
July 20 - August 28**

VALIA SEISKAYA
Artistic Director

Classical Ballet Technique Variations, Repertoire, Pas de Deux, Pointe, Turns, Beats and Port de Bras

Dancer:
Karissa
Kralik

Faculty (dates in residence 2009)

- ✿ VASO KIKNA (Jul 20-Aug 28)
- ✿ SANDRA BALESTRACCI (Jul 20-31)
- ✿ EILEEN HOUGHTON (Jul 20-31)
- ✿ MARY CARPENTER (Aug 3-7) ✿ ZELMA BUSTILLO (Aug 3-7)
- ✿ MICHAEL CUSUMANO (Aug 10-14) ✿ JEANETTE HANLEY (Aug 10-21)
- ✿ ELEANOR D'ANTUONO (Aug 17-28) ✿ RHODIE JORGENSON (Aug 24-28)

*Daily transportation to and from the LIRR St. James Station is provided free.
Housing for out-of-area students is available.*

2009 Workshop Fee Schedule	Advanced Program	Advanced Intermediate	Intermediate 2CI/3CI Prgm
Reservation Deposit <i>(Applicable toward tuition)</i>	\$250	\$250	\$150/\$250
Six Weeks	\$1,600	\$1,350	\$720/\$1,080
Five Weeks	\$1,350	\$1,150	\$620/\$930
Four Weeks	\$1,100	\$950	\$520/\$780
Three Weeks	\$850	\$750	\$410/\$615
Two Weeks	\$600	\$550	\$300/\$450
One Week	\$350	\$300	\$170/\$255
Daily	\$ 75	\$ 65	\$35/\$52
Single Class	\$ 28	\$ 25	\$ 20

The BESFI Summer Workshop is designed to provide professional training for serious students of ballet. The Ballet Education and Scholarship Fund, Inc. is a not-for-profit organization, one of whose purposes is to provide the highest quality training at an affordable price. As you can see from the credentials listed below, we have assembled another outstanding faculty. The same care is taken in the selection of students.

Over the past twenty-five+ years, the program has stressed a full range of classwork. Courses offered will include classical technique with specialized classes in variations, pointe, beats and turns, character ballet, modern dance and pas de deux. Detailed scholarship information appears on the inside back cover of this brochure.

The workshop will be held from July 20 through August 28 at the Seiskaya studios located at 7 Flowerfield, Suite 16, St. James, Long Island, New York 11780, (631) 584-0192. Class size is limited. Both large, air-conditioned studios feature resilient composite flooring, mirrors and dressing rooms with showers. Daily transportation to and from the St. James railroad station, which is on the L.I.R.R. Port Jefferson Line, will be provided on request at no cost.

Under the artistic direction of Valia Seiskaya, the BESFI Summer Program has attracted a prominent staff of instructors. Each staff member brings a broad range of dance experience and expertise. Although generally favoring the Vaganova teaching method, the staff will offer a varied approach, as indicated by their backgrounds.

VALIA SEISKAYA

Artistic Director

Mme. Seiskaya was with the Greek National Opera for seventeen years and, as a featured soloist, toured Europe and Russia. In 1974, she established the Seiskaya Ballet School and, in 1981, the Seiskaya Ballet Academy, which has national recognition as an outstanding professional preparatory program. Seiskaya-coached dancers have captured numerous regional and national titles, including a Presidential Scholar in the Arts citation. Students have competed with notable merit in ten international ballet competitions, placing as semi-finalists and finalists and capturing two gold medals and a bronze. Over sixty students have opted for professional careers in major companies, such as American Ballet Theatre (5), Royal Swedish Ballet, Boston Ballet (2), Pittsburgh Ballet, Pacific Northwest Ballet, Ballet West, Atlanta Ballet (2), Fort Worth Ballet, Tulsa Ballet, Eliot Feld Ballet, Hartford Ballet (2), Milwaukee Ballet (3), Washington Ballet, State Ballet of Missouri, Ballet Memphis, Louisville Ballet, Ballet Austin, Momix (2), Tennessee Ballet, Alabama Ballet (2) and NJ Ballet.

VASO KIKNA (July 20-August 28)

Born in Poland of Greek lineage, Ms. Kikna studied at the Academy Poznan. She joined the Polish State Opera Brotslaf and in 1983 continued her career with the Greek National Opera in Athens as both a performer and assistant choreographer. She has staged several works at the new Grand Concert Hall Athenon in Athens. A classicist, she has staged Le Corsaire, Nutcracker, La Sylphide, Napoli, Flower Festival, Pas de Quatre, Don Quixote and Coppellia for which she was recognized by the Bureau of Humanities of Greece.

SANDRA BALESTRACCI (July 20-31)

Ms. Balestracci is co-founder/Artistic Director of the Eastern Virginia School of the Performing Arts. A former ballerina, she was trained at the School of American Ballet Theater and went on to have an illustrious career both as a classical and contemporary dancer. A sought after Master Teacher, she was recognized for 25 Years of Artistic Excellence by the New York City Opera and earned the Outstanding Teacher award at the 2002, 2005 and 2008 YAGP. Many of her former students have gone on to professional careers.

EILEEN HOUGHTON (July 20-31)

A Seiskaya alum, Eileen won numerous awards, among them the coveted 1st prize at the National Society of Arts and Letters New York Chapter Ballet Competition. After attending ABT's Summer Program, she joined the School of American Ballet on full scholarship in 1982 and was invited to join American Ballet Theatre in 1985 by then director Mikhail Baryshnikov. Trained in ABT's extensive repertoire and touring internationally, she won numerous plaudits for her versatility, poise and technical merit.

MARY CARPENTER (August 3-7)

Trained at the Cincinnati Ballet Company School, Ms. Carpenter went on to receive a BA with honors from Butler University. She performed with the Metropolitan Opera Ballet at Lincoln Center and was a principal guest artist with the Granite State Ballet, Ballet Artists of Cincinnati and Festival Ballet of NJ and a soloist for the Charleston Ballet. Ms. Carpenter is currently a member of the faculty of the Ballet Hispanico School, Steps on Broadway and the Ballet Academy of Westport.

ZELMA BUSTILLO (August 3-7)

A former soloist for the Joffrey Ballet, London Festival Ballet and the National Ballet of Washington, Ms. Bustillo worked with such renowned choreographers as Gerald Arpino, Frederick Franklin, Robert Joffrey, Jerome Robbins, Ben Stevenson, Glen Tetley, and Hector Zaraspe. Her extensive teaching credits include: the Joffrey Ballet School (also as Director of the Children's Department), Adelphi University, Connecticut College, Alvin Ailey American Dance Center and Artistic Director of the School at Ballet Hispanico.

2009

July 20-24

July 27-31

Aug 3-7

Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced
11:00 AM	1	Houghton	Balestracci	Kikna	Balestracci	Houghton	Balestracci	Houghton	Kikna	Houghton	Balestracci	Bustillo	Carpenter	Kikna	Carpenter	Bustillo
11:15 AM	CL	Pointe	Beats	Turns	Beats	Pointe	Pointe	Turns	Port de Bras	Beats	Pointe	Pt. Shoe Fitting	Turns	Variations	Variations	Variations
12:15 PM	2	Kikna	Houghton	Balestracci	Houghton	Balestracci	Kikna	Balestracci	Houghton	Balestracci	Houghton	Carpenter	Bustillo	Carpenter	Kikna	Carpenter
1:35 PM	CL	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Yoga for Dancers	Pointe
2:35 PM	4	Houghton	Balestracci	Kikna	Balestracci	Houghton	Balestracci	Houghton	Kikna	Houghton	Balestracci	Bustillo	Carpenter	Bustillo	Carpenter	Bustillo

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM	1	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Carpenter	Bustillo	Carpenter	Bustillo	Kikna
11:15 AM	CL	Turns	Variations	Pointe	Variations	Turns	Port de Bras	Variations	Pointe	Variations	Turns	Variations	Turns	Beats	Variations	Variations
12:15 PM	2	Houghton	Kikna	Houghton	Balestracci	Kikna	Balestracci	Kikna	Balestracci	Houghton	Kikna	Kikna	Kikna	Bustillo	Carpenter	Bustillo
1:35 PM	CL	Variations	Turns	Turns	Beats	Variations	Variations	Turns	Port de Bras	Beats	Variations	Pt. Shoe Fitting	Variations	Variations	Turns	Yoga for Dancers
2:35 PM	4	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Balestracci	Houghton	Carpenter	Bustillo	Carpenter	Bustillo	Carpenter

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM	CL	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
1:25 PM	3	Kikna	Balestracci	Houghton	Kikna	Houghton	Kikna	Houghton	Balestracci	Kikna	Balestracci	Kikna	Carpenter	Bustillo	Kikna	Carpenter
2:45 PM	CL	Repertoire	Port de Bras	Turns	Beats	Repertoire	Repertoire	Turns	Port de Bras	Beats	Repertoire	Port de Bras	Turns	Repertoire	Beats	Repertoire
3:45 PM	5	Balestracci	Kikna	Houghton	Kikna	Kikna	Houghton	Kikna	Balestracci	Kikna	Kikna	Bustillo	Kikna	Kikna	Bustillo	Kikna

August 10-14

August 17-21

August 24-28

Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced	Advanced
11:00 AM	1	Hanley	Cusumano	Kikna	Cusumano	Hanley	D'Antuono	Hanley	Kikna	Hanley	D'Antuono	D'Antuono	Jorgenson	Kikna	Jorgenson	D'Antuono
11:15 AM	CL	Pas de Deux	Turns	Pas de Deux	Beats	Pas de Deux	Variations	Variations	Pointe	Variations	Port de Bras	Variations	Variations	Pointe	Variations	Variations
12:15 PM	2	Kikna	Hanley	Cusumano	Hanley	Cusumano	Hanley	D'Antuono	Hanley	D'Antuono	Hanley	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Kikna
1:35 PM	CL	Variations	Pas de Deux	Variations	Pas de Deux	Variations	Turns	Beats	Beats	Turns	Turns	Turns	Port de Bras	Beats	Beats	Turns
2:35 PM	4	Hanley	Cusumano	Kikna	Cusumano	Hanley	D'Antuono	Hanley	D'Antuono	Hanley	D'Antuono	D'Antuono	Jorgenson	D'Antuono	Jorgenson	D'Antuono

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:30 AM	CL	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.	Adv. Inter.
11:00 AM	1	Cusumano	Hanley	Cusumano	Hanley	Cusumano	Hanley	D'Antuono	Hanley	D'Antuono	Hanley	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Jorgenson
11:15 AM	CL	Variations	Pas de Deux	Pointe	Pas de Deux	Variations	Variations	Variations	Variations	Variations	Variations	Variations	Port de Bras	Variations	Pointe	Variations
12:15 PM	2	Hanley	Cusumano	Hanley	Cusumano	Hanley	Kikna	Kikna	D'Antuono	Kikna	D'Antuono	Kikna	Kikna	D'Antuono	Kikna	D'Antuono
1:35 PM	CL	Turns	Port de Bras	Variations	Port de Bras	Turns	Port de Bras	Turns	Beats	Turns	Port de Bras	Beats	Turns	Beats	Port de Bras	Turns
2:35 PM	4	Cusumano	Kikna	Cusumano	Hanley	Kikna	Hanley	D'Antuono	Hanley	D'Antuono	Kikna	Jorgenson	D'Antuono	Jorgenson	D'Antuono	Jorgenson

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
12:25 PM	CL	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate	Intermediate
1:25 PM	3	Kikna	Kikna	Hanley	Kikna	Cusumano	D'Antuono	Hanley	Kikna	Hanley	Kikna	D'Antuono	Jorgenson	Kikna	Kikna	Jorgenson
2:45 PM	CL	Repertoire	Beats	Turns	Port de Bras	Repertoire	Repertoire	Port de Bras	Turns	Beats	Repertoire	Repertoire	Beats	Repertoire	Turns	Port de Bras
3:45 PM	5	Cusumano	Hanley	Hanley	Kikna	Kikna	Kikna	Kikna	D'Antuono	Kikna	Hanley	Kikna	Kikna	D'Antuono	Jorgenson	Kikna

All Advanced Classes are in Studio A

All Adv. Inter. Classes are in Studio B

All Intermediate Classes are in Studio B

Class assignments and instructors are subject to change at the sole discretion of management.

All Advanced Intermediate students must have 18 months of pointe work.

MICHAEL CUSUMANO (August 10-14)

A Seiskaya alum, Michael joined Seiskaya Ballet at age 9 and at 14 won the bronze medal at the IBC in Varna, Bulgaria. At 15, he was hired by ABT. He remains the youngest male dancer ever to win a Varna medal or to be engaged by ABT. Following his seven years with ABT where he danced several leading roles, he joined the Alabama Ballet as a principal artist and then the Boston Ballet as a soloist. He has several television and Broadway credits and is currently starring in the revival of "Chicago" and teaching at Steps in NYC.

JEANETTE HANLEY (August 10-21)

A native of Denver, Colorado, Jeanette Hanley received her training at the Performing Arts School of Virginia, San Francisco Ballet, Milwaukee Ballet, and Feld Ballet, all on full scholarships. She danced with Les Grands Ballets Canadiens and American Repertory Ballet, and she was a principal with Hartford Ballet for six years. She has been with the Milwaukee Ballet since 2000 and was featured on PBS in a company documentary about Anna Karenina. Ms. Hanley is a senior teacher at the Milwaukee Ballet School.

ELEANOR D'ANTUONO (August 17-28)

Regarded by many as America's most versatile ballerina, Ms. D'Antuono had a brilliant performing career, highlighted by her many years as a principal ballerina at American Ballet Theatre. In 1979, she toured the U.S.S.R. and became the first American ballerina to appear as a guest artist with Soviet companies. In 1980, she again achieved this unique distinction with Chinese companies. Ms. D'Antuono has been Director of the New York City International Ballet Competition since 1997.

RHODIE JORGENSON (August 24-28)

Rhodie Jorgenson received her training at NYCB's School of American Ballet and at the American Ballet Theatre School. She danced professionally with ABT, working with legendary choreographers Balanchine, Tudor, Robbins, Ailey, de Mille and Feld. A noted coach, she prepared several successful candidates for the International Ballet Competitions in Varna, Bulgaria and Jackson, MS 1998 - 2002. Currently, she is the Children's Ballet Mistress in Washington D.C. for the Joffrey Ballet of Chicago and teaches at the Maryland Youth Ballet.

WORKSHOP INFORMATION

ELIGIBILITY: Ballet students must be at least at the intermediate technique level. Students must either audition in person, have the strong recommendation of their current teacher, or provide a recent videotape of a classical variation being performed. A placement audition by the director is required of all students who were accepted by other than an in-person audition.

CLASS SECTIONS: There are three basic levels offered: Advanced, Advanced/Intermediate and Intermediate. The Intermediate Level is available in two formats. For those students on pointe and strong enough to take three classes daily, class period 2 from the Advanced Intermediate schedule is added to the two Intermediate classes (periods 3 & 5) on the Intermediate schedule. The appropriate tuition for each program is on the cover of this brochure.

RESERVATION DEPOSIT: In order to assure a place in the workshop, a NON-REFUNDABLE two hundred-fifty (\$250) dollar reservation fee must be deposited with BESFI. The deposit is fully applicable towards tuition and must be received NOT LATER THAN MAY 31, 2009 for qualified students competing for a scholarship and June 15, 2009 for all others. For students accepted and registering for the workshop after June 15th, the total tuition is due in advance upon registration. For students with a reservation deposit, total tuition is due on the first day of class unless other arrangements have been made in advance. A complete listing of all tuition fees is on the front panel of this brochure. ALL FEES ARE NON-REFUNDABLE AND ARE DUE AS NOTED.

SCHOLARSHIPS: A limited number of merit scholarships are available to Suffolk County residents who are committing to a minimum of four weeks. Scholarships are awarded through an open competition adjudicated by a select panel of Ballet Masters. Requirements for applicants: AGE - must have reached their 10th, but not their 19th birthday, by December 31, 2009. RESIDENCY - must be a Suffolk County resident during the full preceding year. FINANCIAL COMMITMENT - must be enrolled for a minimum of four weeks. FEES - reservation deposit must be received by the scholarship competition date. The competition will be held on May 31, 2009 at the Seiskaya Studios with ages 10-13 at 1:00PM and 14 & up at 2:15PM. Dancers should arrive 1/2 hour early. For information: BESFI Info, P.O. Box 2146, St. James, NY 11780, or e-mail info@besfi.com. Remember: THE RESERVATION DEPOSIT MUST BE RECEIVED BEFORE A STUDENT MAY COMPETE FOR A SCHOLARSHIP. Results will be posted and winners' names released to the press.

ATTIRE: Fully-functional dance clothing in good repair. All female dancers en pointe must have at least three pairs of pointe shoes in new or like-new condition for the workshop.

TRANSPORTATION AND HOUSING: The town of St. James is located on Long Island, approximately fifty miles east of midtown Manhattan. Rail transportation is via the Long Island Railroad, North Shore Line, which terminates in Port Jefferson. St. James is the appropriate stop on the Port Jefferson Line. The studio is a five-minute drive from the train station, and a car will be available for shuttling students. Accommodations can be arranged with either a host family or similar facility. The fee is \$275.00 per week, with most meals included. Contact BESFI for further details on housing availability and meals.

Dancer:
Mariana DeMarco

DIRECTIONS: From Manhattan, take the Midtown Tunnel to the Long Island Expressway to Exit 56, Smithtown-Route 111. Turn left at the bottom of the ramp to head north on Route 111. Proceed north/northeast on Route 111 for seven miles, intersecting three main east-west routes: 454, 347 and 25, in that order. North of the Route 111-Route 25 intersection, Route 111 terminates and becomes Route 25A East. No turns are involved. At the end of the seven miles you will be in the hamlet of Head of the Harbor/St. James, and you will see Mills Pond Road on your right-hand side. There is in fact a pond on the right corner. Turn right, and proceed to the second gated entrance which is the main entrance of the Flowerfield Park/Gyrodyne complex. Turn left into the complex; building No. 7 is the first large building on your right. Utilize the burgundy canopied building entrance marked 7 North/7N.

ALTERNATE APPROACHES: Take the Triborough Bridge to the Grand Central Parkway, then go east on the Long Island Expressway to Exit 56 and follow the directions above. From Brooklyn, south New Jersey, or Long Island's south shore, take the Belt Parkway to the Southern State Parkway, then the Sagtikos Parkway north to the L.I.E., and follow the above. From upstate New York and Connecticut, take the Throgs Neck Bridge to either the Cross Island Parkway south or the Clearview Expressway to the L.I.E., and follow the directions above. For those taking the Bridgeport-Port Jefferson Ferry, proceed west on Route 25A from the ferry terminal for approximately seven miles until you see Mills Pond Road on your left.

THE BALLET EDUCATION AND SCHOLARSHIP FUND, INC.

P. O. Box 2146

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