

BESFI 2019

VALIA SEISKAYA
Artistic Director

Dancer
Brianna
Jimenez



**LONG ISLAND'S
Master Summer
Workshop July 8
to August 16**

Faculty (dates in residence 2019)

- ❖ VASO KIKNA (Jul 8-Aug 16)
- ❖ ELENA SGOURAMANI (Jul 8-Aug 16)
- ❖ ALEXANDRA BERGMAN (Jul 8-12)
- ❖ OĞULCAN BOROVA (Jul 15-19)
- ❖ MARY CARPENTER (Jul 22-26)
- ❖ LAURA FEIG (Jul 29-Aug 2)
- ❖ AMY RUGGIERO (Aug 5-9)
- ❖ ANDREA BERGEMAN-RAK (Aug 12-16)

**Classical Ballet Technique, Pointe, Character, Pas de Deux,
Turns, Variations, Allegro, Theatrical Dance, Contemporary, Yoga,
Improvisation, Greek Dances, Pilates and Stretch & Strengthen**

2019 Workshop Fee Schedule	Advanced Program 4CL	Advanced Intermediate 3CL	Intermediate 2CL/3CL Prgm
Reservation Deposit (Applicable toward tuition)	\$500	\$400	\$225/\$325
Six Weeks	\$2,450	\$1,790	\$900/\$1,390
Five Weeks	\$2,075	\$1,530	\$775/\$1,190
Four Weeks	\$1,700	\$1,260	\$645/\$990
Three Weeks	\$1,350	\$985	\$515/\$790
Two Weeks	\$975	\$710	\$385/\$570
One Week	\$550	\$400	\$225/\$330
Daily	\$125	\$ 88	\$50/\$72
Single Class	\$ 35	\$ 32	\$ 26

Created in 1981, the BESFI Summer Workshop is designed to provide professional training for serious students of ballet. The Ballet Education and Scholarship Fund, Inc. is a not-for-profit organization, one of whose purposes is to provide the highest quality training at an affordable price. Four programs offered: Advanced 4 Classes(CL)/day, Adv./Inter. 3 CL/day and Intermediate 3 CL/day or Inter. 2 CL/day.

As you can see from the staff credentials outlined below, BESFI continues to attract an outstanding faculty of Master Teachers. The same care is taken in the selection of students. Again this season, a special effort is being made to attract male dancers in order to take full advantage of the teaching staff and pas de deux classes. Three dedicated male tuition scholarships have been set aside to fulfill our goal.

Over the past thirty-eight plus years, the BESFI summer program has stressed a full range of classwork. Although varying slightly year-to-year, courses offered include classical technique with specialized classes in variations, pointe, allegro, character ballet, pas de deux, port de bras, contemporary/modern dance and theatrical dance. Detailed scholarship information on competitive scholarships appears on the inside back cover of this brochure. For further information call: (631) 584-0192.

Several changes were introduced two years ago. We pushed up the starting date in July and similarly ended one week earlier in August for vacations and school orientation sessions. The 2019 workshop will be held from July 8 through August 16 at the Seiskaya studios located at 7 Flowerfield, Suite 16, St. James, Long Island, New York 11780, (631) 862-6925. Class size is limited. Both large, air-conditioned studios feature resilient composite flooring, mirrors and dressing rooms.

Under the artistic direction of Mme Valia Seiskaya, the BESFI Summer Program has attracted a prominent staff of instructors. Each staff member brings a broad range of dance experience and expertise. Although generally favoring the Vaganova teaching method, the staff will offer a varied approach, as indicated by their backgrounds.

VALIA SEISKAYA
Artistic Director

Mme Seiskaya was with the Greek National Opera for seventeen years and, as a featured soloist, toured Europe and Russia. In 1974, she established the Seiskaya Ballet School and, in 1981, the Seiskaya Ballet Academy, which has national recognition as an outstanding professional preparatory program. Seiskaya-coached dancers have captured numerous regional and national titles, including a Presidential Scholar in the Arts citation. Students have competed with notable merit in ten international ballet competitions, placing as semi-finalists and finalists and capturing three gold medals and a bronze. Eighty students have opted for professional careers in major companies, such as American Ballet Theatre (5), Royal Swedish Ballet, Boston Ballet (2), Pittsburgh Ballet, Pacific Northwest Ballet, Ballet West, Atlanta Ballet (2), Fort Worth Ballet, Tulsa Ballet, Eliot Feld Ballet, Hartford Ballet (2), Milwaukee Ballet (3), Washington Ballet, State Ballet of Missouri, Ballet Memphis, Louisville Ballet (2), Ballet Austin, Momix (2), Tennessee Ballet, Alabama Ballet (2) and New Jersey Ballet.

BESFI SUMMER INTENSIVE (July 8-August 16)

The daily BESFI class schedule provides for five distinct class periods. Our emphasis on a wider array of speciality ballet and contemporary classes continues this season. The following biographical profiles will introduce you to our staff. The color coding utilized is for ease of locating a specific instructor on the 6-week schedule centerfold spread. We look forward to another exciting summer!

VASO KIKNA (July 8-August 16)

Born in Poland of Greek lineage, Ms. Kikna studied at the Academy Poznan. She joined the Polish State Opera Brotslaf, and in 1983, continued her career with the Greek National Opera in Athens as both a performer and assistant choreographer. She has staged several works at the new Grand Concert Hall Athenon in Athens. A classicist, she has staged *Le Corsaire*, *Nutcracker*, *La Sylphide*, *Napoli*, *Flower Festival*, *Pas de Quatre*, *Don Quixote* and *Coppellia* for which she was recognized by the Bureau of Humanities of Greece. Ms. Kikna is one of Greece's most sought after master teachers.

ELENA SGOURAMANI (July 8-August 16)

A Doctoral Candidate in Cognitive Science at the University of Athens, Elena investigates dancers' temporal perception and makes relevant presentations at International Conferences. She holds a dancer-professor diploma in classical and contemporary dance from the Greek Ministry of Culture and a BA in Pedagogy. In addition to a recent stint freelancing, Elena was with the renowned Rudra Bejart Company in Lausanne, Switzerland, the Fribourg Opera in Switzerland and the State Theater of Northern Greece. She was an assistant choreographer for the extravagant opening ceremony of the Asian Football Cup in Abu Dhabi, UAE, 2019.

ALEXANDRA BERGMAN (July 8-12)

Swedish born Alexandra, a Seiskaya alum, began her professional career at Tulsa Ballet as an apprentice and retired as a principal dancer in 2013. Her extensive repertoire includes principal roles in the *Rite of Spring*, *Val Caniparoli's Lambarena*, *Ma Cong's Carmina Burana*, *The Great Gatsby*, *La Sylphide*, *Theme and Variations*, *Carmen* and *Push Comes to Shove*. In addition, several roles were created specifically for her. Alexandra has staged works for Ballet Des Moines, at Kansas City Dance Festival and for Tulsa Ballet. She is on faculty with Tulsa Ballet and continues to teach master classes across the US.

OĞULCAN BOROVA (July 15-19)

Awarded several major international competition medals, Oğulcan Borova's outstanding performing career has been widely hailed - *Dance Magazine* called Mr. Borova a "feisty, brilliant dancer." *Pointe Magazine* described him as an "International star." - Oğulcan is currently in his fourth season as Ballet Master at the Cincinnati Ballet where he has staged several works by noted contemporary choreographers. In demand, for his knowledge of classical repertoire, he has

Class assignments are subject to change.

V7

2019							July 8-12					July 15-19					July 22-26				
Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Adv.	Time			
9:30 AM	CL	Advanced Bergman	Advanced Sgouramani	Advanced Kikna	Advanced Sgouramani	Advanced Bergman	Advanced Borova	Advanced Sgouramani	Advanced Kikna	Advanced Sgouramani	Advanced Borova	Advanced Sgouramani	Advanced Carpenter	Advanced Kikna	Advanced Carpenter	Advanced Sgouramani	CL	9:30 AM			
11:00 AM	1																1	11:00 AM			
11:15 AM	CL	Contemp Rep Bergman	Pointe Kikna	Variations Kikna	Turns Bergman	Pointe Sgouramani	Variations Sgouramani	Pas de Deux Borova	Beats Borova	Variations Kikna	Contemporary Sgouramani	Pilates Carpenter	Variations Sgouramani	Port de Bras Kikna	Contemporary Sgouramani	Beats Carpenter	CL	11:15 AM			
12:15 PM	2																2	12:15 PM			
1:35 PM	CL	Pointe Kikna	Grand Allegro Sgouramani	Beats Bergman	Contemporary Sgouramani	Port de Bras Kikna	Pas de Deux Borova	Contemporary Sgouramani	Variations Sgouramani	Grand Allegro Sgouramani	Port de Bras Kikna	Contemporary Sgouramani	Turns Carpenter	Variations Carpenter	Grand Allegro Carpenter	Variations Kikna	CL	1:35 PM			
2:35 PM	4																4	2:35 PM			
2:45 PM	CL	Petite Allegro Sgouramani	Contemp Rep Bergman	Grand Allegro Sgouramani	Pointe Kikna	Variations Bergman	Petit Allegro Kikna	Pointe Kikna	Grand Allegro Borova	Pas de Deux Borova	Turns Borova	Pointe Kikna	Pointe Kikna	Greek Dances Sgouramani	Variations Kikna	Greek Dances Sgouramani	CL	2:45 PM			
3:45 PM	5																5	3:45 PM			

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	A.I.	Time
9:30 AM	CL	Adv. Inter. Sgouramani	Adv. Inter. Bergman	Adv. Inter. Sgouramani	Adv. Inter. Kikna	Adv. Inter. Sgouramani	Adv. Inter. Sgouramani	Adv. Inter. Borova	Adv. Inter. Sgouramani	Adv. Inter. Kikna	Adv. Inter. Sgouramani	Adv. Inter. Carpenter	Adv. Inter. Sgouramani	Adv. Inter. Carpenter	Adv. Inter. Kikna	Adv. Inter. Carpenter	CL	9:30 AM
11:00 AM	1																1	11:00 AM
11:15 AM	CL	Variations Kikna	Turns Sgouramani	Contemp Rep Bergman	Variations Sgouramani	Port de Bras Bergman	Variations Kikna	Pointe Kikna	Petit Allegro Kikna	Turns Borova	Port de Bras Kikna	Variations Kikna	Variations Kikna	Contemporary Sgouramani	Pointe Carpenter	Port de Bras Kikna	CL	11:15 AM
12:15 PM	2																2	12:15 PM
1:35 PM	CL	Turns Bergman	Variations Kikna	Petit Allegro Kikna	Grand Allegro Bergman	Contemporary Sgouramani	Contemporary Sgouramani	Grand Allegro Kikna	Pas de Deux Borova	Petit Allegro Borova	Contemporary Sgouramani	Pte Shoe Fitting Carpenter	Greek Dances Sgouramani	Petit Allegro Kikna	Greek Dances Sgouramani	Variations Sgouramani	CL	1:35 PM
2:35 PM	4																4	2:35 PM

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Int.	Time
12:25 PM	CL	Intermediate Sgouramani	Intermediate Bergman	Intermediate Sgouramani	Intermediate Kikna	Intermediate Kikna	Intermediate Kikna	Intermediate Borova	Intermediate Sgouramani	Intermediate Kikna	Intermediate Borova	Intermediate Kikna	Intermediate Kikna	Intermediate Sgouramani	Intermediate Kikna	Intermediate Carpenter	CL	12:25 PM
1:25 PM	3																3	1:25 PM
2:45 PM	CL	Port de Bras Kikna	Turns Kikna	Allegro Bergman	Contemp Rep Bergman	Repertoire Kikna	Turns Borova	Repertoire Sgouramani	Port de Bras Kikna	Improvisation Sgouramani	Repertoire Kikna	Greek Dances Sgouramani	Turns Carpenter	Repertoire Carpenter	Greek Dances Sgouramani	Port de Bras Kikna	CL	2:45 PM
3:45 PM	5																5	3:45 PM

July 29-Aug 2							August 5-9					August 12-16						
Time	Adv.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Adv.	Time
9:30 AM	CL	Advanced Feig	Advanced Sgouramani	Advanced Kikna	Advanced Sgouramani	Advanced Feig	Advanced Ruggiero	Advanced Sgouramani	Advanced Kikna	Advanced Sgouramani	Advanced Ruggiero	Advanced Bergeman-Rak	Advanced Sgouramani	Advanced Kikna	Advanced Sgouramani	Advanced Bergeman-Rak	CL	9:30 AM
11:00 AM	1																1	11:00 AM
11:15 AM	CL	Beats Sgouramani	Pointe Feig	Port de Bras Kikna	Broadway Dance Feig	Contemporary Feig	Pointe Sgouramani	Pointe Ruggiero	Contemporary Ruggiero	Petite Allegro Ruggiero	Port de Bras Kikna	Pointe Sgouramani	Variations Kikna	Petite Allegro Bergeman-Rak	Yoga Bergeman-Rak	Port de Bras Kikna	CL	11:15 AM
12:15 PM	2																2	12:15 PM
1:35 PM	CL	Petit Allegro Kikna	Improvisation Sgouramani	Variations Feig	Improvisation Sgouramani	Pointe Kikna	Variations Ruggiero	Petit Allegro Sgouramani	Pointe Sgouramani	Contemporary Sgouramani	Variations Sgouramani	Variations Bergeman-Rak	Contemporary Sgouramani	Variations Sgouramani	Contemporary Sgouramani	Pointe Sgouramani	CL	1:35 PM
2:35 PM	4																4	2:35 PM
2:45 PM	CL	Variations Kikna	Grand Allegro Feig	Contemporary Sgouramani	Variations Kikna	Turns Sgouramani	Petit Allegro Kikna	Variations Kikna	Broadway Dance Ruggiero	Variations Kikna	Contemporary Ruggiero	Petit Allegro Kikna	Turns Kikna	Pilates Bergeman-Rak	Variations Kikna	Variations Bergeman-Rak	CL	2:45 PM
3:45 PM	5																5	3:45 PM

Time	A.I.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	A.I.	Time
9:30 AM	CL	Adv. Inter. Sgouramani	Adv. Inter. Feig	Adv. Inter. Feig	Adv. Inter. Kikna	Adv. Inter. Sgouramani	Adv. Inter. Sgouramani	Adv. Inter. Ruggiero	Adv. Inter. Sgouramani	Adv. Inter. Kikna	Adv. Inter. Sgouramani	Adv. Inter. Sgouramani	Adv. Inter. Bergeman-Rak	Adv. Inter. Sgouramani	Adv. Inter. Kikna	Adv. Inter. Sgouramani	CL	9:30 AM
11:00 AM	1																1	11:00 AM
11:15 AM	CL	Pointe Kikna	Port de Bras Kikna	Broadway Dance Feig	Improvisation Sgouramani	Variations Kikna	Turns Kikna	Variations Kikna	Variations Kikna	Contemporary Sgouramani	Variations Ruggiero	Turns Kikna	Pointe Bergeman-Rak	Variations Kikna	Contemporary Sgouramani	Variations Bergeman-Rak	CL	11:15 AM
12:15 PM	2																2	12:15 PM
1:35 PM	CL	Variations Feig	Variations Kikna	Turns Sgouramani	Grand Allegro Feig	Contemporary Sgouramani	Variations Sgouramani	Petit Allegro Kikna	Broadway Dance Ruggiero	Variations Ruggiero	Port de Bras Kikna	Contemporary Sgouramani	Petit Allegro Kikna	Yoga Bergeman-Rak	Variations Bergeman-Rak	Port de Bras Kikna	CL	1:35 PM
2:35 PM	4																4	2:35 PM

Time	Int.	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday	Int.	Time
12:25 PM	CL	Intermediate Feig	Intermediate Sgouramani	Intermediate Sgouramani	Intermediate Kikna	Intermediate Feig	Intermediate Kikna	Intermediate Ruggiero	Intermediate Sgouramani	Intermediate Kikna	Intermediate Sgouramani	Intermediate Kikna	Intermediate Bergeman-Rak	Intermediate Sgouramani	Intermediate Kikna	Intermediate Sgouramani	CL	12:25 PM
1:25 PM	3																3	1:25 PM
2:45 PM	CL	Improvisation Sgouramani	Port de Bras Kikna	Petit Allegro Kikna	Broadway Dance Feig	Turns Kikna	Broadway Dance Ruggiero	Contemporary Sgouramani	Variations Kikna	Turns Ruggiero	Port de Bras Kikna	Petit Allegro Bergeman-Rak	Contemporary Sgouramani	Port de Bras Kikna	Stretch/Strength Bergeman-Rak	Variations Kikna	CL	2:45 PM
3:45 PM	5																5	3:45 PM

All Advanced classes are held in Studio A

All Advanced/Inter. classes are held in Studio B

All Intermediate classes are held in Studio B

Class assignments and instructors are subject to change at the sole discretion of management.

All Adv./Inter. students must have 1 1/2 years of pointe.

Students must have sufficient usable pointe shoes for all classes that require pointe. Proper foot care is important. Give your feet TLC.

stage numerous ballets for companies as diverse as the Atlanta Ballet and the National Ballet of Finland. He also often teaches master ballet classes at the University of Cincinnati.

MARY CARPENTER (July 22-26)

Mary is on faculty at Barnard College, The New School University, and Steps on Broadway. She trained at CCMI, Butler University, and David Howard Dance Center on scholarship. She danced for The Metropolitan Opera Ballet, Ohio Dance Theater, Maryland Ballet and in many musicals and plays. Mary is a pointe shoe expert, and has worked with dancers at American Ballet Theatre, The Royal Ballet, and New York City Ballet to name a few. Ms. Carpenter has directed nine ballet classroom CDs and three instructional DVDs. In addition to ballet, she is also a certified Pilates mat instructor.

LAURA FEIG (July 29-August 2)

A Seiskaya alum, Laura danced ten years with the Atlanta Ballet rising to principal dancer. She has also performed as a member of Morphoses/The Wheeldon Company, The National Ballet of Canada, BalletX, Chautauqua Ballet, and Ballet NY. Laura was an original Broadway cast member of the recent revival of Carousel as well as An American in Paris. She has also toured the US, Canada, and Japan starring in Twyla Tharp's Movin' Out in the role of Judy. Laura appeared in the Starz original TV series Flesh and Bone as a member of the company. She is currently an adjunct professor at Skidmore College in Saratoga Springs, NY.

AMY RUGGIERO (August 5-9)

Amy Ruggiero trained under Mme Valia Seiskaya and graduated from Goucher College with a BA in Dance with Biological Sciences. She has performed with Ballet Austin, American Repertory Ballet, and Twyla Tharp Dance. Additional credits include: Carousel (Broadway), the 1st National/Japan Tour of Come Fly Away, the Radio City Christmas Spectacular, Little Dancer (Kennedy Center), Manon (Metropolitan Opera), ADM₂₁ (Joyce Theatre) and, most recently, Marie (The 5th Avenue Theatre). She has been on faculty at the Princeton Ballet School and Lackawanna PAC, and teaches periodically for in-house conventions by Deviate.

ANDREA BERGEMAN-RAK (August 12-16)

Seiskaya alum Andrea Bergeman-Rak began her career with Ballet Memphis and later, Minnesota Dance Theatre. She was a principal dancer with Peoria Ballet and also performed with the English National Ballet and Tulsa Ballet. Her repertoire includes soloist and principal roles in The Nutcracker, Giselle, Swan Lake, Carmina Burana, and the title role in Firebird. Multifaceted, Andrea was on the faculty at the schools of Ballet Memphis, Minnesota Dance Theatre and the Indianapolis School of Ballet. She is also a comprehensively certified Pilates instructor, having been a master instructor with Peak Pilates, and is a certified yoga teacher.

SUMMER WORKSHOP INFORMATION

ELIGIBILITY: Ballet students must be at least at the Intermediate technique level. Students must either audition in-person, have the strong recommendation of their current teacher or provide a recent videotape of a classical variation being performed en pointe, as applicable. A placement audition by the director is required of all students who were accepted by other than an in-person audition.

CLASS SECTIONS: There are three basic levels offered: Advanced, Advanced/Intermediate and Intermediate. The Intermediate Level is available in two formats. For those students en pointe and strong enough to take three classes daily, class period 2 from the Advanced Intermediate schedule is added to the two Intermediate classes (periods 3 & 5) on the Intermediate schedule. The appropriate tuition for each program is on the cover of this brochure.

RESERVATION DEPOSIT: In order to assure a place in the workshop, a NON-REFUNDABLE \$500/\$400/\$325/\$225 dollar reservation fee, as applicable, must be deposited with BESFI. The deposit is fully applicable towards tuition and must be received **NOT LATER THAN June 1, 2019** for qualified students competing for a scholarship and June 15, 2019 for all others. For students accepted and registering for the workshop after June 30th, the total tuition is due in advance upon registration. For students with a reservation deposit, total tuition is due on the first day of class unless other arrangements have been made in advance. A complete listing of all tuition fees is on the front panel of this brochure. **ALL FEES ARE NON-REFUNDABLE AND ARE DUE AS NOTED.**

SCHOLARSHIPS: A limited number of merit scholarships are available to Suffolk County residents who are committing to a minimum of four weeks. Scholarships are awarded through an open competition adjudicated by a select panel of Ballet Masters. Requirements for applicants: AGE - must have reached their 10th, but not their 19th birthday, by December 31, 2019. RESIDENCY - must be a Suffolk County resident during the full preceding year. FINANCIAL COMMITMENT - must be enrolled for a minimum of four weeks. FEES - reservation deposit must be received by the scholarship competition date. The competition will be held on June 2, 2019 at the Seiskaya Studios with ages 10-13 at 1:00PM and 14 & up at 2:15PM. Dancers should arrive 1/2 hour early. For information: BESFI Info, P.O. Box 2146, St. James, NY 11780, or e-mail info@besfi.com. Remember: **THE RESERVATION DEPOSIT MUST BE RECEIVED BEFORE A STUDENT MAY COMPETE FOR A SCHOLARSHIP.** Results will be posted and winners' names released to the press.

ATTIRE: Fully-functional dance clothing in good repair. All female dancers en pointe must have at least three pairs of pointe shoes in new or serviceable condition. Advanced students attending for more than four weeks - four pairs of pointe shoes.

TRANSPORTATION AND HOUSING: The town of St. James is located on Long Island, approximately fifty miles east of midtown Manhattan. Rail transportation is via the Long Island Railroad, North Shore Line, which terminates in Port Jefferson. St. James is the appropriate stop on the Port Jefferson Line. The studio is a five-minute drive from the train station, and taxi and other services are available. Accommodations can be arranged with either a host family or similar facility. The fee, without meals included, is \$275.00 per week. Contact BESFI for further details on housing availability and meals.

DIRECTIONS: From Manhattan, take the Midtown Tunnel to the Long Island Expressway to Exit 56, Smithtown-Route 111. Turn left at the bottom of the ramp to head north on Route 111. Proceed north/northeast on Route 111 for seven miles, intersecting three main east-west routes: 454, 347 and 25, in that order. North of the Route 111-Route 25 intersection, Route 111 terminates and becomes Route 25A East. No turns are involved. At the end of the seven miles you will be in the hamlet of Head of the Harbor/St. James, and you will see Mills Pond Road on your right-hand side. Turn onto Mills Pond Road and proceed to the second entrance on your left which is the main entrance of the Flowerfield Park/Gyrodyne complex. Turn left into the complex; building No. 7 is the first large building on your right. Utilize the burgundy canopied building entrance marked 7 North/7N.

Dancer
Graciela
Carrero-Sagona

ALTERNATE APPROACHES: Take the Triborough Bridge to the Grand Central Parkway, then go east on the Long Island Expressway to Exit 56 and follow the directions above. From Brooklyn, south New Jersey, or Long Island's south shore, take the Belt Parkway to the Southern State Parkway, then the Sagtikos Parkway north to the L.I.E., and follow the above. From upstate New York and Connecticut, take the Throgs Neck Bridge to either the Cross Island Parkway south or the Clearview Expressway to the L.I.E., and follow the directions above. For those taking the Bridgeport-Port Jefferson Ferry, proceed west on Route 25A from the ferry terminal for approximately seven miles until you see Mills Pond Road. Turn left and proceed as directed above.

THE BALLET EDUCATION AND SCHOLARSHIP FUND, INC.

P. O. Box 2146

ST. JAMES, NEW YORK 11780

TEL: (631) 584-0192
www.besfi.com

FAX: (631) 862-0507
e-mail: info@besfi.com